

KIN KIDS



Guided Active Play Program for 5 to 12 Year Olds

Monday, September 18th to Wednesday, December 6th, 2017

*no session on October 9th

KIN KIDS is a physical activity program designed to engage children in the simple pleasures and benefits of regular physical activity, with a variety of **FUN, interactive and non-competitive physical activities** intended to foster self-esteem, confidence, a positive self-image and the joy of being physically active.

Led by Kinesiology students, this program is designed to have a positive impact on children's active play behaviours.

When and Where?

Mondays and Wednesdays, 5:30 to 6:30 pm

UNB's Lady Beaverbrook Gymnasium
Main Gym, 1st floor

Cost?

\$80 & includes a KIN KIDS t-shirt
(or \$40 for one day per week)

*If registering 2 children or more, price is \$70 per child or \$35 for one day a week

* Financial support is available to families requiring assistance

Website: <http://www.unb.ca/fredericton/kinesiology/outreach/kinkids.html>

To REGISTER or for FURTHER INFO contact us at kinkids@unb.ca.

Register by Friday, September 15th, 2017

Registration is limited so call or email now to reserve a spot for your child today!

